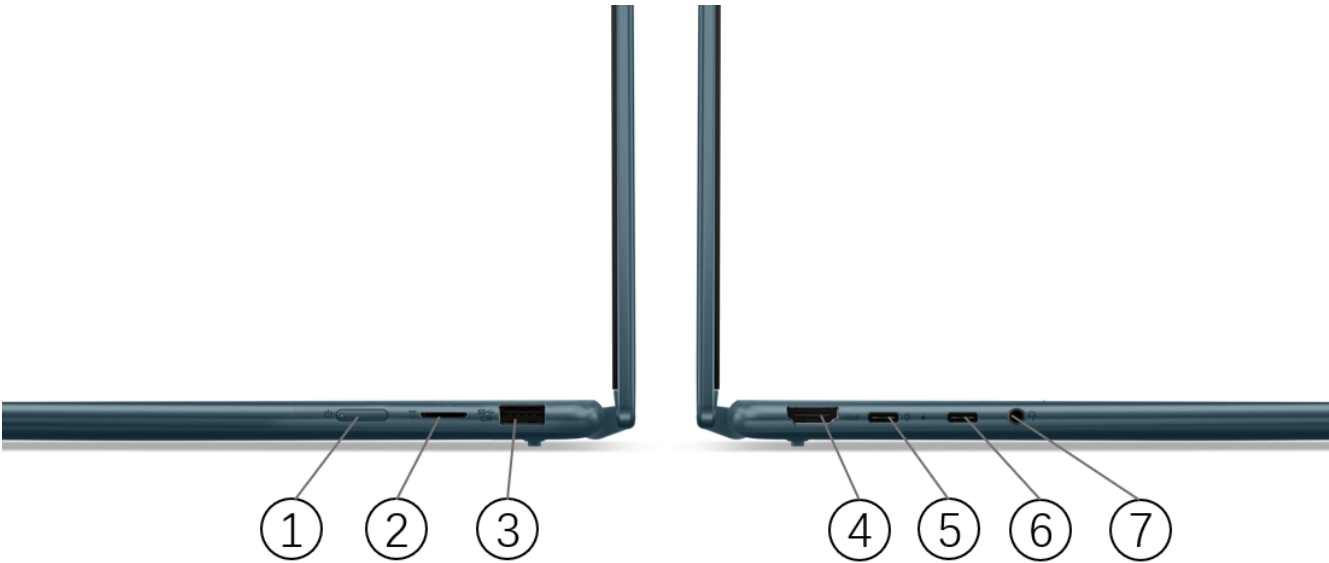


OVERVIEW



1. Power button	5. USB-C (USB 10Gbps), with USB PD 3.0 & DP 1.4
2. microSD card reader	6. USB-C (USB4 40Gbps), with USB PD 3.0 & DP 1.4
3. USB-A (USB 5Gbps), Always On	7. Headphone / microphone combo jack (3.5mm)
4. HDMI	

PERFORMANCE

Processor

Processor Family

AMD Ryzen™ 5 / 7 Processor

Processor\*\*

Processor Name	Cores	Threads	Base Frequency	Max Frequency	Cache	Processor Graphics
AMD Ryzen™ 5 7535U	6	12	2.9GHz	4.55GHz	3MB L2 / 16MB L3	AMD Radeon™ 660M
AMD Ryzen™ 7 7735U	8	16	2.7GHz	4.75GHz	4MB L2 / 16MB L3	AMD Radeon™ 680M

Operating System

Operating System\*\*

- Windows® 11 Pro
- Windows® 11 Home
- Windows® 11 Home Single Language
- No preload operating system

Graphics

Graphics\*\*

Graphics	Type	Memory	Key Features
AMD Radeon™ 660M	Integrated	Shared	DirectX® 12
AMD Radeon™ 680M	Integrated	Shared	DirectX® 12

Monitor Support

Monitor Support

Supports up to 4 independent displays (native display and 3 external monitors via HDMI® and USB-C®)

- HDMI® supports up to 2560x1600@60Hz
- USB-C® supports up to 7680x4320@30Hz

Chipset

Chipset

AMD SoC (System on Chip) platform

Memory

Max Memory

- 8GB soldered memory, not upgradable
- 16GB soldered memory, not upgradable

Memory Slots

Memory soldered to systemboard, no slots, dual-channel

Memory Type

LPDDR5-6400

Storage

Storage Support<sup>[1]</sup>

One drive, up to 1TB M.2 2242 SSD

Storage Slot

One M.2 2242 PCIe® 4.0 x4 slot

Storage Type

Disk Type	Interface	Offering
M.2 2242 SSD	PCIe® NVMe®, PCIe® 4.0 x4	512GB / 1TB

Notes:

[1] The storage capacity supported is based on the test results with current Lenovo® storage offerings.

Removable Storage

Card Reader  
microSD card reader

Multi-Media

Audio Chip  
High Definition (HD) Audio, Realtek® ALC3306 codec

Speakers  
Stereo speakers, 2W x2, optimized with Dolby Atmos®, Smart Amplifier (AMP)

Microphone  
Dual-microphone array

Camera  
FHD 1080p + IR, with privacy shutter, fixed focus

Sensor

Sensors

- Accelerometer (G) sensor
- Hall sensor

Battery

Battery  
Integrated Li-Polymer 71Wh battery, supports Rapid Charge Express (get 3 hours of runtime with a 15-minute charge)<sup>[1]</sup>

Max Battery Life<sup>[2]</sup>

- WUXGA OLED models:  
MobileMark® 2018@200nits: 14 hr  
Local video (1080p) playback@150nits: 19 hr
- 2.2K IPS models:  
MobileMark® 2018@200nits: 13.5 hr  
Local video (1080p) playback@150nits: 19 hr
- 2.8K OLED models:  
MobileMark® 2018@200nits: 12.5 hr  
Local video (1080p) playback@150nits: 15.5 hr

Notes:

[1] Rapid Charge Express is only effective in hibernates or fully shutting down the computer.

[2] All battery life claims are approximate maximum and based on results using the MobileMark® 2014, MobileMark® 2018, MobileMark® 25, MobileMark® 30, JEITA 2.0, JEITA 3.0, continuous 1080p video playback (with 150nits brightness and default volume level) or Google Power Load Test (PLT) battery-life benchmark tests. Actual battery life will vary depending on many factors such as product configuration and usage, software use, wireless functionality, power management settings, and screen brightness. The maximum capacity of the battery will decrease with time and use.

Power Adapter

Power Adapter<sup>\*\*[1]</sup>

- 65W USB-C® (3-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C® slim (wall-mount) AC adapter, supports PD 3.0, 100-240V, 50-60Hz

Notes:

[1] AC adapter offerings depend on the country.

DESIGN

Display

Display**										Key Features
Size	Resolution	Touch	Type	Brightness	Surface	Aspect	Contrast	Color	Refresh	

						Ratio	Ratio	Gamut	Rate	Angle (L/R/U/D)	
14"	WUXGA (1920x1200)	Multi-touch	OLED	400nits	Glossy, anti-fingerprint	16:10	100,000:1	100% DCI-P3	60Hz	87.5° / 87.5° / 87.5° / 87.5°	Dolby Vision®, TÜV Low Blue Light (Hardware), VESA DisplayHDR™ True Black 500
14"	2.2K (2240x1400)	Multi-touch	IPS <sup>[1]</sup>	300nits	Glossy, anti-fingerprint	16:10	1,500:1	100% sRGB	60Hz	85° / 85° / 85° / 85°	Dolby Vision®, TÜV Low Blue Light (Hardware)
14"	2.8K WQXGA+ (2880x1800)	Multi-touch	OLED	400nits	Glossy, anti-fingerprint	16:10	100,000:1	100% DCI-P3	90Hz (Max)	87.5° / 87.5° / 87.5° / 87.5°	Eyesafe® Certified 2.0, Dolby Vision®, VESA DisplayHDR™ True Black 500

**Touchscreen**  
OGM (One Glass Metal mesh) multi-touch, supports 10-point touch

Notes:  
[1] IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

Multi-mode

**Multi-mode**  
Laptop, tent, stand, and tablet modes supported by 360° hinge

Input Device

- Pen\*\***
- Lenovo® Digital Pen with replaceable AAAA alkaline battery, 4096 levels of pressure sensitivity. For more information, please read [Lenovo® Digital Pen Overview](#)
  - Lenovo® Digital Pen without replaceable AAAA alkaline battery, 4096 levels of pressure sensitivity. For more information, please read [Lenovo® Digital Pen Overview](#)
  - Lenovo® Precision Pen 2 with built-in rechargeable battery, 4096 levels of pressure sensitivity, tilt detection, supports WGP, AES 2.0 and MPP 2.0 protocols. For more information, please read [Lenovo® Precision Pen 2](#)
  - No pen (purchase separately)

**Keyboard**  
6-row, multimedia Fn keys

**Keyboard Backlight**  
LED backlight

**Touchpad**  
Buttonless glass-like Mylar® surface multi-touch touchpad, supports Precision TouchPad (PTP), 75 x 120 mm (2.95 x 4.72 inches)

Mechanical

**Dimensions (WxDxH)<sup>[1]</sup>**  
317.87 x 222.50 x 16.49mm (12.51 x 8.76 x 0.65 inches)

**Weight<sup>[2]</sup>**

Models	Weight
Models with IPS panel	Starting at 1.55 kg (3.42 lbs)
Models with OLED panel	Starting at 1.49 kg (3.28 lbs)

**Case Color\*\***

- Storm grey
- Tidal teal

**Surface Treatment**

Aluminium stamping (anodized with sandblasting)

**Case Material**

Aluminium (top), aluminium (bottom)

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**Notes:**

[1] The system dimensions may vary depending on configurations.

[2] The system weight is approximate and based on results in Lenovo® lab, which varies depending on the source of component, variance of the distribution of each component, and manufacturing process. It may not be the exact weight for each specific model.

## CONNECTIVITY

### Network

**Ethernet**

No onboard Ethernet

**WLAN + Bluetooth<sup>[1]</sup>**

Wi-Fi® 6E, 802.11ax 2x2 Wi-Fi® + Bluetooth® 5.3, M.2 card

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**Notes:**

[1] Wi-Fi® 6E full features might be limited by country-level restrictions.

6GHz Wi-Fi® 6E operation is dependent on the support of the operating system, routers/APs/Gateways that support Wi-Fi® 6E, and the regional regulatory certifications & spectrum allocation.

Bluetooth® 5.3 operation requires Windows® 11. For more information please visit [General Bluetooth® Support Information on Microsoft®](#).

### Ports<sup>[1]</sup>

**Standard Ports**

- 1x HDMI® 1.4b
- 1x Headphone / microphone combo jack (3.5mm)
- 1x microSD card reader
- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
- 1x USB-C® (USB 10Gbps / USB 3.2 Gen 2), with USB PD 3.0 and DisplayPort™ 1.4
- 1x USB-C® (USB4® 40Gbps), with USB PD 3.0 and DisplayPort™ 1.4

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**Notes:**

[1] The transfer speed of the ports will vary and, depending on many factors, such as the processing speed of the host device, file attributes and other factors related to system configuration and your operating environment, will be slower than theoretical speed.

### Docking

**Docking**

Various docking solutions are supported via USB-C®.

For more compatible docking solutions, please visit [Docking for Yoga® 7 14ARP8](#)

## SECURITY & PRIVACY

### Security

**Security Chip**

Firmware TPM 2.0 integrated in SoC

**Fingerprint Reader**

- Touch style fingerprint reader on palm rest
- No fingerprint reader

**BIOS Security**

- Administrator password
- User password
- Master hard disk password
- User hard disk password
- Self-healing BIOS

**Other Security**

- IR camera for Windows® Hello (facial recognition)
- Camera privacy shutter

## SERVICE

### Warranty

**Base Warranty\*\***

- 1-year courier or carry-in service
- 2-year (1-yr battery) courier or carry-in service
- 3-year (1-yr battery) courier or carry-in service

## ACCESSORIES

### Bundled Accessories

**Bundled Accessories<sup>[1]</sup>**

None

Notes:

[1] For more compatible accessory solutions, please visit [Accessories for Yoga® 7 14ARP8](#).

## OPERATING REQUIREMENTS

### Operating Environment

**Temperature<sup>[1]</sup>**

- At altitudes up to 2438 m (8,000 ft)
  - Operating: 5°C to 35°C (41°F to 95°F)
  - Storage: 5°C to 43°C (41°F to 109°F)
- At altitudes above 2438 m (8,000 ft)
  - Maximum temperature when operating under the unpressurized condition: 31.3°C (88°F)

**Relative Humidity**

- Operating: 8% to 95% at wet-bulb temperature 23°C (73°F)
- Storage and transportation: 5% to 95% at wet-bulb temperature 27°C (81°F)

**Altitude**

Maximum altitude (without pressurization): 3048 m (10,000 ft)

Notes:

[1] When you charge the battery, its temperature must be no lower than 10°C (50°F).

## CERTIFICATIONS

### Green Certifications<sup>[1]</sup>

**Green Certifications<sup>[2]</sup>**

- ENERGY STAR® 8.0
- EPEAT™ Gold Registered<sup>[3]</sup>
- ErP Lot 6/26
- RoHS compliant

Notes:

[1] The items listed under the "Green Certifications" section may not only refer to certification but also registration or self-

declaration. For ESG & regulatory compliance documents, please visit <https://compliance.lenovo.com>.

[2] EPEAT™ registration and ENERGY STAR® certification are optional and only available on the models with preloaded OS. Please visit [epeat.net](https://epeat.net) and [energystar.gov](https://energystar.gov) for more information.

[3] EPEAT™ is registered where applicable, please visit [epeat.net](https://epeat.net) for registration status by country.

## Other Certifications

### Mil-Spec Test

MIL-STD-810H military test passed

### Other Certifications

- (Optional) Eyesafe® Certified 2.0
- (Optional) TÜV Rheinland® Low Blue Light (Hardware Solution)

- Feature with \*\* means that only one offering listed under the feature is configured on selected models.
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